

BRIDGES

FASHION:

Accessories and a few key pieces make the man **P. 4**

CITY NEWS:

Playground rejuvenates Mayfair School and neighbourhood **P. 8**

SHARP EATS:

The Saskatoon Inn's chocolate buffet makes a comeback **P. 22**

WEDNESDAY, OCTOBER 30, 2013

A STARPHOENIX COMMUNITY NEWSPAPER

A full-page photograph of Michael Linklater, a man with dark hair tied back, smiling and holding a red basketball. He is wearing a black long-sleeved shirt with a small white Nike swoosh on the left chest. The background is a blurred outdoor setting with a chain-link fence and green foliage.

GOTTA BOUNCE

WITH FIVE KIDS AND A CAREER,
MICHAEL LINKLATER'S LIFE
KEEPS HIM RUNNING AND JUMPING **P. 10**

INVENTORY

We want to hear from you! Tell us about your local business.
Email bridges@thestarphoenix.com

#NEECHIE GEAR

Neechie Gear ("Gee for 'Therapy") is a lifestyle clothing brand that empowers youth through sports.

Owner Kenedal McFarlane founded the NG Athletics Club, which creates and supports sports teams for underprivileged youth. A portion of Neechie Gear's proceeds goes to NGAC.

Neechie Gear Inc. is located in The Centre Mall (2000 English St. E.).

1. **HEAD GEAR:** Red cap, \$40

2. **STAY WARM:** Hoodie, \$55

3. **SPORTS ATTIRE:** Men's t-shirt, \$32

3. **CASUAL STYLE:** Women's t-shirt, \$29

5. **NEECHIE BABY:** \$30

6. **MAKE A SPLASH:** Onesie, \$30

BRIDGES PHOTOS BY NICHELLE BEGG



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ON THE COVER PG. 10



It took that I'm decreasing the way for a lot of (and coming) absorption. It's every number and have a lot to offer," says youth leader Michael Lasker with two of his children. **PHOTO BY MICHELLE BERG**

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MY FAVOURITE PLACE PG. 7



Jane Cheng and Zina Gong take an adult English class put on by the Saskatchewan Intercultural Association at St. Paul's United Church. Their favourite place in Saskatoon. **PHOTO BY MICHELLE BERG**

CORRECTION:

The Oct. 9 Inventory feature on Smellieport should have listed owner Lisa Smellie's phone number as 306-252-3530. Bridges regrets the error.

BRIDGES COVER PHOTO BY MICHELLE BERG

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FASHION

What's your favourite look for fall?
Email bridges@thestarphoenix.com

SASKATCHEWAN FASHION

Vincent King: Family inspired accessories

By Angelina Irmaci

Vincent King is used to dressing up. Whether it's a suit and tie at work, worn jeans and a blazer in the evening or a relaxed weekend look, the 26-year-old property manager enjoys creating outfits.

It's not just to look good. Like doing it, and it comes like a hobby," he says. "I like to put different clothes together to make them work. It resembles who you are."

He says the look he wore for the Bridges shoot is perfect for a Sunday afternoon on a patio with a cold beer after enjoying a nice lunch.

King's affinity for fashion began in his teen years while growing up in Toronto. He started making the important step of reflecting his personal style through his clothing.

In high school, I noticed regardless of style, that fashion was important to everyone."

Since King just moved to Saskatchewan a couple of months ago, he's done most of his shopping in Toronto. Which is enjoying the versatility that Saskatchewan has to offer. He admits he does miss the variety of style he sees and stores he shops at in Toronto. He says it's important for him to have a few good pairs of shoes, a couple classic jackets and quality jewelry. It's easy to rotate items and keep among these staples.

Jewelry has always been a big part of King's life. Particularly yellow gold. His entire family wears gold, and his father buys each child a new and unique gold chain as a keepsake to commemorate important milestones like births, christenings and weddings.

"Over time, I was 15 for some reason, I liked gold. I'd wear a chain, watch and bracelet — quite frankly too much jewelry when I was 15," he laughs. "Yellow gold makes me feel at home. It reminds me of my dad, my grandfather and my family and traditions."

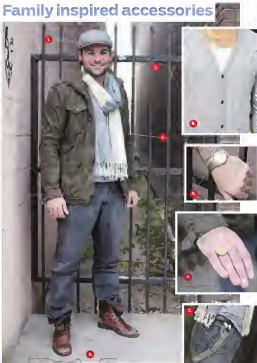
King always has on a watch, chain and pendant, and his unique Italian coin ring. The base of the ring is a coin of Victor Emmanuel II, a 19th-century king who was the first ruler of a united Italy. King wanted a timeless ring he could have forever and searched for months before finally finding this one.

"My dad likes coin rings. I've always liked coin rings."

Another staple for King is his hat. Cap, something he's been sporting since he was 13. King is proud of his Irish heritage and has fond memories of his grandfather. He would always put on his knees and pretend to bow him and make funny noises when he'd kiss his ears.

"My grandfather used to wear one, so I got an itch for a long time ago to copy him. I've always had an Irish hat since then."

His advice to other men is to not try too hard and wear what you feel good in, whether it's trendy or not. He also says it's worth spending a bit of extra money on a few key pieces.



Vincent King believes a man's style should reflect his personality. Photo by Rebecca Hill.

Outfit:

- 1. BROWN CAP:** Match a shirt. Wear a hat. "I got this one around four years ago. It was around \$40 but it's really good quality."
- 2. WATCH:** 11:45 AM. "It's a nice spring, summer or early fall scarf. It's nice and light. The colours match a lot of outfits."
- 3. CHAIN:** French Connection.
- 4. RING:** 11:45 AM. "It's a nice casual jacket and you can dress it up with a nice scarf."
- 5. WATCH:** Rolex from La Strada.
- 6. ITALIAN COIN RING:** Ordered online from Switzerland. "It's an Italian coin ring of Victor Emmanuel II from 1861. I got the story on him. It's a pretty cool ring."
- 7. SUSPENDER PANTS:** Zara. "I'm looking for old school things so I thought they have suspenders on them."
- 8. BOOTS:** Aldo. "I was looking for brown high cut boots — something a bit different."

IN THE CITY

OCTOBER 10, 2013 - 5:16 P.M.

Playing in the pumpkin patch



Seven-month-old Emma Platt enjoys her first visit to the pumpkin patch at Pederson Valley Farm located at 330 Valley Road, Bismarck, ND 58102. © 2013

YOUR FAVOURITE PLACE
Bridges wants to hear about your favourite place in Saskatoon! Email bridges@thestarphoenix.com

MY FAVOURITE PLACE

New immigrants find knowledge and more at class



Newcomers to Canada, Jing Cheng and Zixia Gong are improving their English in free classes put on by the Saskatchewan Intercultural Association at St. Paul's United Church. bridges@thestarphoenix.com

By Angelina Irtinich

Just four months ago, Zixia Gong, 31, and Jing Cheng and their four-year-old son moved to Saskatoon from China. They are the latest in a long line of immigrants who are working hard to improve their English. The two are enrolled in the free Stage 3 level 3-4 adult English class put on by the Saskatoon Intercultural Association, a non-profit that provides services for immigrants and refugees. The couple travel to St. Paul's United Church twice a week for the class, where they take advantage of the free child care service on site. The couple's English class is their fa-

avourite place in Saskatoon — they are improving their English and making friends at the same time.

Q. How did you hear about the class?

A. [JING] We both had our English test at the NCI (Newcomer Information Centre). After the test they gave us a form about all of the English classes in Saskatoon and let us choose our class to see our level, and we chose the one nearest to our home.

Q. What do you like about the class?

A. [ZIXIA] When I took the test I found that my speaking and listen-

ing is better and the reading and the writing is higher. So, I want to improve my speaking and my listening. I think this class is improving that and it helps me.

[JING] Because we have a great teacher here and there are very helpful and friendly students. So, aside from improving our English, we've got a lot of useful information such as housing, buying a car, cooking or shopping. Everything, any aspect, so it is really helpful for us.

Q. How long have you been speaking English?

A. [ZIXIA] We studied English in China but we use it very seldom.

Q. How have you been finding Saskatoon so far?

A. [JING] There are many features I like. The first I should say it's a small city. We don't have to drive a car to our destination every day. We can meet many people here as we can practice and improve our English soon. And the people here are very helpful and friendly to newcomers, which is a very important factor for us.

[ZIXIA] Saskatoon's climate is very beautiful and the temperature is not very hot because in China summer temperature is very hot. And also, I like the blue sky and the green grass. There are many things for children here and (our son) likes it here.

Q. What's your favourite thing you've learned so far?

A. [JING] We practice speaking and the teacher corrects us, so then we improve and better our English. It's good because we need good language.

[ZIXIA] For me, it's just stay at home. I will feel alone, but when I come to the class I meet many friends and my brother. He knows some Chinese so sometimes, it's easy to express what I'm trying to say. I will use Chinese with him because he understands so I feel very happy.

We went to the Forestry Farm (a field trip). It was very nice and we took many pictures.

CITY NEWS

#MAYFAIR

Neighbourhood invigorated by new playground

By Jenn Sharp

If you build it, they will come. A new playground for Mayfair Community School is a sign of rejuvenation for an area of Saskatoon

that welcomes more new families every day. School staff realized the playground was needed two years ago. The structure at the time was old and becoming unsafe, and had been makeshift. It was easy to envision what a new playground might look like, but once they got the older students involved in the discussion, their vision changed considerably.

Mayfair's acting principal, Justin Piro, says they had been focusing on the younger grades assuming they were the ones who would use a new playground the most. When she approached her Grade 1 and 8 students, however, they were eager to contribute.

"They had some really good ideas that were all basically double kinds of things but that they could put their own stamp on," she said.

Burner principal, Deryl McKen, says the students don't take anything for granted. It's this attitude that motivated him to get the playground project started.

"Everything you do for them is appreciated," he said. "The parents and community want to do what's best for the kids here, even though they don't always have the resources to do what they would like to do."

Mayfair's Home and School Association was fundraising through bake sales and other community events, but McKen feared it would be difficult to raise the money they needed. The Saskatoon Public School Board required Mayfair School to raise a minimum of \$50,000 before it could make a matching donation.



Volunteers from Saugey joined the community to help cut the first pieces of Mayfair Community School's new playground together on Oct. 10. BEEBEER PHOTO BY MICHELLE PERE

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It becomes a sense of family. That's what I love about this school and I haven't found that anywhere else. I know when I walk in I'm going to get a hug. I'm going to get a smile — Gina Harvey

There he met a local philanthropist, John Alford, at a dinner party who immediately wanted to help.

"I was very impressed with how (Alford) talked about the teachers and how they get involved with the kids — they go alone and beyond what I think a teacher's role probably is," she said.

In January 2001, a playground committee was formed, and with Alford's guidance, applied for grants and approached various local organizations. The support, which included a \$100,000 donation from Wright Construction, was overwhelming.

"There was a lot of personal connections for people within these organizations to want to pay back to the community because they had come through this community sometime in their life," says Piro.

Thanks to Alford, his kids' matching green jumpsuits and a donation from

the Sedgwick Public School Board \$200,000 was raised to what committed members call a true community effort.

People in the neighborhood pitched in to help build the playground and local churches provided hardware for volunteers.

Mayfair School sits in the middle of a large lot, a new playground for younger grades is on the south end, while an area for Grades 4 and up is to the north.

Overlaid geometric climbing blocks mark the north playground, along with swings, a roundabout basketball court and an area for track and field events. Numerous benches were installed at volunteers' request — they wanted places to sit and wait with friends during games.

On the south playground, new low swings and climbing structures have been installed, along with an outdoor classroom and learning



Geometric climbing blocks mark the north playground where benches were installed in the south playground. Indigenous plants and fruit trees can be found throughout the area. (PHOTO COURTESY OF MAYFAIR SCHOOL)

garden, which was sponsored by WestCorp. Walking paths, indigenous plants and fruit trees can be found throughout both courts.

Mayfair parent council member Gina Harvey has lived in the area



It became a sense of family. That's what I love about this school and I haven't found that anywhere else. I know when I walk in I'm going to get a hug. I'm going to get a smile — Gina Harvey

for seven years' both of her children attend the school she said as a neighborhood gathering place.

"It became a sense of family. That's what I love about this school and I haven't found that anywhere

else. I know when I walk in I'm going to get a hug. I'm going to get a smile."

For her, the new playground is empowering: the plants in the new gardens moving to the area and hopes the playground will help attract even more.

People need to look past the low income. Just because we're lower income doesn't make us any less giving and generous or friendly. — There's a lot of care gone here," she said.

Today, Mayfair's current principal, says a beautiful learning environment can have a big impact. It's an impact he hopes lasts well after children have left for high school. "My hope is that when kids say they went to Mayfair School, it's with pride."

The public is welcome to attend the new playground's grand opening on Oct. 17 at 9 a.m.

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ON THE COVER

I've broken down every single stereotype just being me. — Michael Linkater

#MICHAEL LINKATER

Breaking records and stereotypes



Michael Linkater at Pleasant Hill Community School with his children (from left) Ansel, Zavier, Milana, Giovanni and Dorian. Photo: Howard Miller/USA Today

By Angelina Tricoli

Maria Linkater's memory is as colorful. The date rolls off her tongue: Oct. 7, 2011 at 2:30 a.m. She describes the way the train came to a stop in Thunder Bay, Ont. She re-

members the way the white smoke billowed from the stack, but what she remembers the most is the way she felt.

About two hours before, it felt like flying. I didn't have any feeling in my feet. All I had was a one track

mind to get to the train station."

She and her husband Walter were waiting to pick up baby Michael and to raise him as their own.

Maria went through great lengths for this. After Maria's sister gave up her children to adoption or foster

care, she had been tirelessly searching for her sisters and nephews — she scratched her coat of information on bathroom walls and left notes on the Greyhound buses, "paid in case."

She found addresses for adoption

agencies in the United States and wrote to them.

One day Maria's niece called from a home for unwell mothers: all the way from Trenton, N.J. She told Maria she wanted to give up her baby for adoption.

He was a leader on the court and he had exceptional skills. Off the court, he was also a leader by example and practising a positive lifestyle. — Eugene Arcand



Hector and Maria Leisler look through old photo albums of Michael Leisler years in Woodbury Hills.

"I told her 'Don't give up your baby. I will raise your baby and you'll be proud of your baby,'" explains Maria.

Thirty-two years and a move to Saskatoon later, Michael Leisler has got used to running, life runs, hard, up and down the hill behind court. He was after his first young child, then he went to consistently run to and from Mount Royal High School, where kids called him "Purcell Gang". The name works two ways — when Michael was a kid, he had knobby knees and "was casted" until the day he decided to scrape them off on the bathtub.

Today, Michael is running again — he's running late. When he looks through the window of a downtown outfit shop he smiles (if you know Michael, you know it's a prize-winning run-over, dangle and all, and he's the woman and barista into the coffee). He's dressed neat as a sharp brown sweater that's still damp from the rain and his long hair is slightly tousled. He carries a green Colorado bottle. He sits down and looks far across the small table to any bus-

iness starts long before he was born.

Michael's mother made a deal with the Crown. She terribly regretted a previous abortion and promised to keep the child if she were to get pregnant again — no matter her condition. She struggled with drug and alcohol addiction, went to residential school and was a graduate of the "Victims Group," a now discredited effort to place abandoned children in non-aboriginal foster or adoptive homes.

When Michael was born as Trevon, N.J., the odds were against him. Both his grandparents died of alcoholism. When he grew up, his best friend Kevin Macosian was murdered during a fight. His only sibling — a half brother — was lost to death over a bottle of alcohol. Michael discovered alcohol was the easy way out, but in these customers as when he was in Grade 8, Michael made a pact with himself: to never experiment with drugs or alcohol. At 30 years old, he was still proudly up his nose tired of their bad even case.

Continued on Page 12

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It was a big moment (in Michael's final year) when we both got on the same page and we understood that we both wanted the same thing. — Greg Jockims



Sports captain Michael Laskowski takes the championship trophy after leading the University of Saskatchewan Huskies to victory over the University of British Columbia Thunderbirds to win the Canadian Junior University Sports Basketball Championship in 2010. Huu-mic

"I did it for our people so they had somebody to look up to — more people can't say all Indians are drunks."

He'd heard countless other stereotypes of his people and he wanted to disprove them all. He wanted to prove these people wrong. He wanted to succeed. When Michael has an idea, he makes a point of saying "I can" instead of "I will."

"I had this little fire burning inside my chest. And every time somebody

told me I couldn't do something, I turned that word into a log or a piece of wood and I just put it on my fire. Soon enough I had enough discipline and motivation and focus, I had this raging fire inside to succeed."

It wasn't. After picking up a basketball for the first time in Grade 4, Michael set three goals for himself: to play basketball professionally, to play for the NHL's Edmonton Oilers at the university level, the last as an

average teeny bop, while discussing his basketball career he realizes something. He's currently completing the final goal he set for himself as a young boy: to play for Team Canada.

He's part of a five-man team which qualified for the 3rd world tour tournament. Since his team is the only one from Canada to qualify "we are actually Team Canada," he says proudly.

The team travelled to Istanbul earlier this month for the tournament and made it to the quarter finals.

Since the day Michael arrived by a three-hour train (there's no coastline Chocoma), he's called Morris and Walter his mom and dad. When he was 16, he legally changed his last name to match theirs. His is never met his birth dad, his birth mom contacts Michael after

she's been drinking and he tells her to call when she's sober (he rarely does). Morris remembers Michael has always been hung, strong-willed and generous. She recalls a time when Michael won a traditional dance competition and gave half of his cash prize to an older sister.

Upon arriving home, Michael also gave money to Morris and Walter and other young kids living in the house.

I did it for our people so they had somebody to look up to ... now people can't say all Indians are drunks.
— Linklater

"I taught him to be kind," Maria says. Michael says it was important he had two people to call mom and dad who were here every night. Maria and Walter are respected elders in the community and he says he learned from watching these two others be true themselves.

"It inspired me to grow up and help people in any way that I could," adding that he came another goal.

Today he's a division leader for Sask Sport Inc. He works out of different elementary schools connecting inner-city youth to extracurricular activities. He says it's a rewarding job being the "middleman" between being a service provider and a family — like also regularly gives motivational speeches to youth sharing his story and teaching them the importance of culture, confidence and living a respectable lifestyle.

"Once you start believing in yourself it doesn't matter if people doubt you," he tells youth.

Eugene Arcand has crusaded for Aboriginal peoples in a variety of capacities, par-

ticularly in promoting First Nations sport and recreation — he is a member of the Saskatchewan Indian Sports Hall of Fame and recognizes an athlete and a leader when he sees one. He remembers reading about Michael during Michael's high school basketball days and wanted to meet him. At first he observed Michael on the court.

"He was a leader on the court and he had exceptional skills. Off the court, he was also a leader by example and projecting a positive identity," he says. Arcand, who also calls Michael "Onouch," often looks him in spirit to Aboriginal youth of special concern.

He says it only takes about half an hour until they gravitate to him. "By the end, the young people have a new hero." He says he believes the Greater polo gifted people on Michael's family to set an example. He sees Michael as one of those people.

"He'll be a leader when the time comes. He'll be a leader right now ... but at some point in time I can see him being a mandated leader of our people."

Continued on Page 16



"Once you start believing in yourself it doesn't matter if people doubt you." Michael's photo is in Michael's home.

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NEXT WEEK: What was the most memorable part of your labour/birthing experience?

Email bridges@thestarphoenix.com

#PARENT TO PARENT

Each week Bridges, in connection with SaskatoonMoms.com, gathers advice from parents to share with other moms and dads. This week we asked:

What tips or advice can you offer other parents on potty training? Did you try the three-day method?

"Mixon was a handful with potty training. I found that bringing her to the potty every hour whether she needed to go or not was the trick. Eventually he had to go so the dad and when he did he got a small treat. Good luck! — *Sissy Mandart*

"What worked for me was losing all emotion. When there was a accident, clean it up and carry on — no fuss at all. I went through every emotion before discovering this and it finally seemed to click for my daughter." — *Kelly Daniels Porto*

"We made it a party time with my son. We put food coloring in the toilet and Christmas, and First were we didn't watch shows and movies and started activities all over his room." — *Jessame Entwistle*

"We were more stubborn parents. My dad, I think. And a scolder. Ignore the accidents and praise the successful ones. Use potty training as a reward." — *Alison Scher*

"I did the three-day method with my oldest daughter at 18 months for five days for her. But it does work." — *Alicia-Martin*

"We did the three-day method and it worked eventually. There was lots of accidents for the first day and a half, but by day two, after that and almost none for the third day. His wet bed in the kitchen so I only had to clean up on the bathroom." — *Ryssa Davidson*

"We tried the three-day method and it did not work for my son Phoenix, four months at the time. We were consistent and cooled and praised, and a STELL didn't work. We kept at it and a couple months later (and many poodles later) it just clicked!" — *Shawna Stachura-Hahn*

"We did the three-day method and even though it took longer than three days, I agreed with the previous moms. Lots of nights no potty anywhere but in the bathroom and no training pants! Just pull out and ditch the pants. We were consistent and it worked." — *Charmaine Deville*

"The three-day method does work, stick to it. I tried that when he was two and he 2.5/2 he was already potty trained. It's hard at first but when he's just at



"I was a very proud and happy mommy. Good luck keep at it." — *Jessame Entwistle*

"The best thing I did was quit toilet! It was a night when so I stopped. It wasn't worth the fighting and stress. When he was ready it took two days. And I never had a trouble once. And night training was also easy." — *Andrea Miles*

"I trained my oldest son back in the days when Boney was the big thing and my son loved Boney. (my mom would call him on the phone in the Boney voice. When he pulled a poop in the potty my son would get so excited. He was always going to use the potty so Boney would be happy." — *Deey Martin Deville*

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#SHANTEL ADAMS

Award-winning country singer getting radio airtime

By Angelina Irimaci

Shantel Adams is putting the love back into country music. The 34-year-old singer and songwriter focuses on interpreting positive, real-life messages into her music. She says one of the biggest reasons she became a song writer is to promote family values and real enthusiasm rather than some of the "bad messages getting spread through music today." She incorporates Christmas joy into her music, but does so with out "beating it over your head," she says.

Adams was born and raised in Saskatoon and started writing music in high school. It all started after she convinced her mom to allow her to take guitar instead of physics as a high school elective.

Ever since then I just loved music and started writing lyrics in English class and I listened to a lot of music as a child," says Adams. "I got into country when I was around 13 and listened to a lot of pop before that. It was I sort of have an infusion of a lot of different styles of music."

Her biggest inspiration is "Born Clerk," who Adams says was a "key factor" in inspiring her move to Nashville.

"She was just like me and I think just as grown as me," says Adams of Clerk's move from Medicine Hat, Alta. to Nashville, Tenn. after grad school.

Adams followed suit, and at 18, she moved to the heart of country music. She spent the first few years going back and forth between Saskatoon and Nashville before settling there permanently in 2009.

"It was very scary at first but eventually you start to get to know music people and they're everywhere so it's pretty easy to find them. There's a phrase, 'If you throw a stick you'll hit a songwriter in Nashville.'"

Adams still visits home often and a lot of her inspiration comes from Saskatoon. Her first single, Christmas in the Canadian Way, is about

spending Christmas at home with Tim Horton's, hockey and just from the July visit to Saskatoon inspired her to write a song after a day of golf with her parents.

Her newest single, Modern Woman (inspired by an Old Fashioned Love) is complete with a music video and is part of her first full-length album, My Crystal Ball's Broken, which was released in late 2012. The song was just added to the CJWW playlist and is being played on at least one radio station in each province. Adams, who always listened to the radio while delivering pizzas, says that hearing her music on the radio gives her a feeling of validation.

"To think that my song is new on the radio, it's pretty cool. I was really happy to hear it."

She's had quite a bit of success, especially as a songwriter. She's a three-time winner of the Tennessee Songwriter Association's Intrigue Nashville writer of the year award. In 2009, she won the association's most promising female songwriter of the year and in 2010 she won the Gold Nugget song of the year for the song In My Hands. A Gold Nugget is given to the songwriter whose song got picked up the most that year. It was recorded by three different acts including the Grammy-nominated group The Shinsiders.

"It's a big honour because it means we find good, clever, rap people like my song," she says.

Her biggest goal is to write either Blake Shelton or Tim Clark's next single.

When Adams first moved to Nashville she focused on both singing and songwriting, and although today her energy is put toward writing, she will always be singing.

"Even if I never get a major label deal I would still like to do whatever I want to put out my own songs and sing my own songs, I may never end up playing for 30,000 people in an arena and that's OK. That's not my thing anyway. I like to connect with people more directly in smaller venues."



Country songstress Shantel Adams promotes family values through her music. JENNIFER HEDRICK

ON THE SCENE

Grey Cup is just five weeks away! Send us your best fan photos for something special we're working on: bridges@thestarphoenix.com

SCAT DINNER FUNDRAISER



ON THE SCENE

SCAT DINNER FUNDRAISER



SCAT Street Cat Rescue hosted a dinner fundraiser event at Emily's UltraSunset on Oct. 8. The 286 supporters at the event enjoyed dinner, a silent auction, coffee and go-fun show. The rescue, which was started in 1997, is a not-for-profit volunteer-powered organization that saves and better feline lives in Saskatoon.

About \$3,600 was raised, all of which will go directly towards veterinary and feeding costs for the roughly 180 cats SCAT places in foster homes until they are adopted.

SCAT is always in need of foster homes, volunteers and donations. Call 306-956-9728 for more information.

1. Donald and Mary Darnold
2. Debbie Oudeas and Dennis Bristol
3. Laureen Mund and Melinda Koser
4. Maureen Crowe and Sandra Ross
5. Quetta place bids on the silent auction items
6. Jennifer Sheppard, Seran Alard, Lindsay Porter and Nicole Michel
7. Brandon Savage, Ruth Savage and Colin Wilson
8. SCAT co-founder Linda Jean Guitte

BIDDING PHOTOS BY MICHELLE BERG

Authentic Amish Cooking



Contents provided in Authentic Amish Cooking

Mashed Potato Casserole

- 8 C. Ham, cubed
- 3 C. Velveeta Cheese, cubed
- 2 T. Worcestershire Sauce
- 3/4 T. Pepper
- 2 cans Cream of Mushroom
- 3/4 C. Onions, cooked in 1/2 C. Butter

Mix all together and place in large casserole

6 qt. Mashed Potatoes, 3 C. Sour Cream

Mix potatoes with sour cream only. Place on top of ham mixture. Fry till the Bacon is crisp and put on top of potatoes if desired. Bake at 350° for 1 hour.



Old Fashioned Jelly Roll

- 1/2 C. sifted Flour
- 1/2 C. Sugar
- 1 t. Baking Powder
- 1 t. Vanilla
- 1/2 t. Salt
- 5 Eggs
- 1 jar Jelly (any flavor you prefer)



Beat eggs until fluffy, gradually add sugar beat until thick. Scully and light colored. Then slowly add flour with baking powder and salt until all is beat in. Add vanilla last. Pour onto a round paper lined cookie sheet. Bake at 350° for 10 to 15 minutes. Before cake is completely cooled remove from pan and roll up in waxed paper. Cool. Then spread cake with reserved wax paper. Sprinkle with nuts. Then roll back up. Slice and serve.

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GARDENING

WINTER GARDENING

Starting a windowsill herb garden

By Eri Svendsen

One of my guilty pleasures in winter is watching cooking shows on TV. It's not the best plan for dieters, but if you love to cook, it's a great place to get inspired and to update your menu. One of my favourites is celebrity chef Jamie Oliver. He's never short of fresh herbs that he simply grabs from his windows garden. Who does that?

Well, actually anyone can. It only takes a bit of time to plan, a few materials, plus a dash of TLC. What you'll need: containers with drainage holes, planting media, seed or plants and a suitable location.

I recommend planting each herb variety in separate pots. Otherwise, aggressive plants may choke out slower growing varieties. Pots can be all the same for uniformity or different to create an eclectic look. Unglazed terracotta will dry out faster than glazed or plastic pots. Repurpose one, approximately the same size (I to 18 cm diameter) container for ease of reuse, insurance and collectible.

Choose a natural or peat-based sterile media to avoid introducing insects or soil borne diseases. Moistens the media before filling your pots to within a half inch of the rim. If you're starting from seed, scatter a few seeds on the surface and cover with a thin layer of media. Cover with plastic wrap to keep the soil surface moist, but remove the cover so some air can reach before potting through.

After that, water as required to keep the media moist, but not wet. Feed your plants on alternate weeks with a half strength complete fertilizer solution (such as 30-20-20 + micronutrients).

Many herbs prefer Mediterranean-like conditions — bright light, short/shorter temperatures (never cooler than frosty or below), and good humidity. A south exposure is ideal, but as long as your garden gets three to four hours of sun a day, a west or east exposure will be fine.

Glass is a poor insulator so on the coldest days, plants next to the glass can be damaged long before frost is freezing temperatures. Therefore, keep leaves at least a couple of inches away from the glass. And never trap plants between the window and the curtains.

To keep your soil clean and to make watering easier, put all your pots in a large tray rather than individual saucers. You can add water to the tray allowing pots to draw up water through their drainage holes that you'll need to be able



Jamsey and anyiso are two of the many herbs that will enhance your cooking and are easy to grow in the winter months. PHOTO COURTESY LEE SHAW-WANG

to drain excess water so plants don't sit in water for longer than an hour. To increase humidity, try around the plants add a layer of gravel and keep the water level just below the top of the gravel.

Plastic pots are one of the main pests of indoor gardening. They spend most of their life cycle in the soil so any toxic varnish, magnets, emerging as they turn to metal and lay eggs on the soil surface. As long as their main food source (planning plant matter), is available they cause little damage. But in moist

conditions, insects, they start munching on the roots, reducing plant vigor and growth. The little flies themselves are mostly just annoying. Remember that you'll eventually end up using these plants in your cooking so avoid eating pest infested. However, a dilute hydrogen peroxide solution (a part peroxide to a parts water) is a relatively benign but effective control option.

Seeds at this time of year may be difficult to find in stores, however it's worthwhile stopping at your favourite garden centre or farm supply. Mail order and internet shopping are

CANADIAN SEED SUPPLIERS:

- Red River Seeds: www.redriverseeds.com
- Stoney: www.stoney.com
- Johnny's Selected Seeds: www.johnnyseeds.com
- Varsity: www.varsity.com
- Westcoast Seed Co.: www.westcoastseed.com

your other options

This column is provided courtesy of the Southwest Provincial Society (www.southwesternprovincial.org), erickson@shaw.ca

UPCOMING EVENTS

Made in Saskatchewan Oct 23 7:30 — 9:30 p.m. St. James Anglican Church, 600 Dufferin Ave. Bob Breen (rebrown@shaw.ca), U of S fruit specialist, presents our cherries, hampers and other introductions from the University of Saskatchewan.

RECIPES

Italian-style hummus with diced tomatoes

By JM Hirsch

What would happen if hummus had been invented in Italy, rather than the Middle East?

I decided to answer the question for my self with this simple reimagining of the classic chickpea paste.

And it's not as dissimilar as you might think. Many of the more classic proteins can be found across both Italian and Middle Eastern cuisines. Which makes sense, given relative geographical proximity from the ingredients and technique have more in common.

Italians make generous use of chick peas and tomatoes — both essential to class in hummus. Though in the case of chick peas, Italians tend to use them more often in soups and pastas than as spreads.

And when they do make spreads, they often reach for other beans such as fava and white (traditional hummus relies on chickpeas). Ground sausage needs to add richness. Italians probably would be more inclined to reach for pancetta. So with those substitutions in mind, I created this dish.

class Italian-style hummus topped with diced tomatoes spiced with balsamic vinegar

ITALIAN-STYLE HUMMUS WITH DICED TOMATOES

This hummus is delicious as a spread served with crackers or baguette slices or tossed into the base of a dinner. First, smear a hefty serving of the bean mass over a lightly toasted slice of sour dough bread, then top with either lightly sautéed grilled chicken breast or roasted vegetables.

Start to finish 35 minutes
Serves 4

- > 1/2-cup raw cannellini or other white beans, drained and rinsed
- > 4 cloves garlic, minced, divided
- > 1/2 cup pure olive oil
- > 1/2 tsp salt and 1/2 tsp of 1 lemon
- > 1 tbsp plus 1 tsp chopped fresh rosemary
- > 1/3 cup extra virgin olive oil plus extra
- > Salt and ground black pepper
- > 1 large tomato, diced
- > Balsamic vinegar

1. In a food processor, combine the beans, half of the garlic, pure olive oil, lemon acid juice, and 1 tablespoon of the necessary pure olive oil and blend smoothly.
2. With the processor running, drizzle in the olive oil until the hummus reaches a smooth silky texture. Taste, then season with salt and pepper and set aside.
3. In a bowl, mix together the tomato, the remaining 1 teaspoon of rosemary and the remaining garlic. Then, then season with salt and pepper.
4. Spoon the hummus into a wide shallow bowl, using the back of the spoon to form a cavity in the center.
5. Spoon the tomatoes into the cavity in the hummus. Drizzle olive oil over the tomatoes and hummus, then sprinkle with a few drops of balsamic vinegar.

Nutrition information per serving: 300 calories; 580 calories from fat (70 per cent of total calories); 28 g fat (54 g saturated); 0 trans fat; 8 mg cholesterol; 30 g carbs; 10 g fiber; 4 g sugar; 13 g protein; 350 mg sodium

Associated Press



Italian-style hummus with diced tomatoes. AP Photo

HASN'T SHE WAITED LONG ENOUGH?

Time for a change, but not sure what? Every week the Saskatoon and Area Real Estate publication helps buyers just like you find the perfect home. Delivered every Friday to subscribers of The StarPhoenix, select non-subscriber email or play yours up at live local locations throughout the city.

YOUR SEARCH IS OVER!

realestate

WATCH FOR IT, INSIDE FRIDAY'S STARPHOENIX

Old Fashioned CHRISTMAS

WESTERN DEVELOPMENT MUSEUM ANNUAL CHRISTMAS CRAFT FAIR

Friday, October 15th 4:00 pm - 10:00 pm
Saturday, October 16th 10:00 am - 5:00 pm

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Galleries will be closed on Friday, however the cafe and gift shop remains open from 9:00 am until 10:00 pm

Children 12 and under are free when accompanied by an adult.

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SHARP EATS

SASKATCHEWAN FOOD SCENE

Is chocolate ever just chocolate?

By Jenn Sharp

"Chocolate equals sex," Jenn Sharp.

A male friend said this to me recently while we sampled treats from the Saskatoon Inn, Garden Cafe and Lupa's newly remodeled chocolate buffet.

Does it really? I suppose I've read that a certain percentage of women would rather eat chocolate than have sex (maybe they need to find a new partner). But when a man says you or his wife is not chocolate, is there an unspoken meaning in the message?

Chocolate body paint aside, chocolate just means chocolate — to me anyway. But for some, chocolate is never just chocolate. For me, it's a romantic metaphor. The woman it just makes all of life's little challenges that much easier to forget about. (Did I just say? A truffle with it, that?)

That's why I brought a man to the chocolate buffet. I know how women feel about chocolate (we'll take it anytime, anywhere) but how do men feel?

My partner is aware that night was elegant in his explanation:

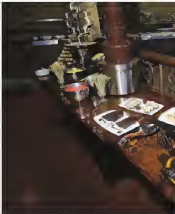
"Men have their wiles up all the time," he told me. "Chocolate is something you can be honest about and say so love."

However, the vast chasm on the beautifully arranged buffet line was too much for my friend. Two distinctions — one for white, one for milk chocolate — were flanked by overflowing bowls of fresh fruit. (Sometimes the white chocolate is infused with strawberries.) Still, glasses were full of subtly layered, wax-sealed poached pears topped a tart, truffles not proudly on copper dusted plates and numerous imported from France (and a clever serving stand).

"Men are such single people," he said. "We're happy to have one or two options. We don't need a whole buffet."

Never one to complain, I was in heaven and would try to use all of everything.

The hotel's pastry chef, Vren Lem,



The vast chocolate buffet at the Saskatoon Inn delights guests in every pocket.

who has worked there for 11 years, prepares about half of the delicious offerings; the rest are sourced elsewhere. Fridays are the only night to indulge in the buffet. A paid day or personal contribution and the rest are free for the chocolate buffet.

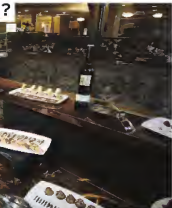
The Garden Cafe has been revamping its menu as of late. In March, the European courtyard feel, executive chef Doug Hyndford has brought in a childhood menu featuring local, seasonal ingredients. During my visit, house made pasta and a rack of venison was on the menu.

Hyndford will launch a new menu shortly one that reflects his dual-talent First Nations background. Look for dishes like elk skin and house wine.

While the chocolate buffet is a delightful sensory experience, it's one of five in the country that's another delicious option for chocolate lovers in the Queen City. Chocolates by Bernard Colwell offers two types of truffle parties: one in its Saskatoon Street shop and one at your workplace. (The evening parties in their shop are currently booked for the rest of 2015.)

The deal is you get a group of 10 people together and the table you get to try six assorted samples while being invited to make truffles. Here's the fun part:

"You enter the chocolate shop then the door is locked. You are trapped in a chocolate shop with unlimited samples," states Bernard Colwell's



where:

SOON BE LUP

At the end of the 90 minutes, you get a belly full of chocolate and a bag of truffles to take home.

If you're ever attended one of these parties, I'd love to hear about it

(or be invited)

To book a truffle party, email choco@bernardcolwell.com or call 306-566-9402. For chocolate buffet reservations, call 306-565-5613. The buffet is \$25.99 or \$17.99 with a drink.

Photo: The Saskatoon Inn, Lupa's, Bernard Colwell

ASK ELLIE

Separation anxiety cause of couple's breakup

Q: I'm a college freshman and have dated my high school boyfriend for four years, since starting high school.

Our relationship is 100 per cent emotional — no sex — because I wanted to wait until marriage. We're both virgins and respected each other.

We got along with each other's families. We were inseparable, best friends.

We planned to stay together during college, though he's two hours away while my community college is in our city.

We sat last night together, we both cried and laughed. He said he'd miss me more than anything. I'd be home very soon, and I'd miss him a lot too.

His days take me four weeks apart, he calls and we're both saying that we love each other as much as that distance means nothing.

A half-hour into this call, he's saying he just doesn't know about distance, the week was way too hard being away from me.

He was hysterically crying and saying he didn't want to do this, but he broke up with me.

He texted another girl he still loves me and it hurts him to tell me go.

A week later we're texting and calling as friends.

Everyone's saying I should be angry with him or just give up on him. I know he's not in my other girl's life, he still loves me.

He said maybe during Christmas break we could see how he's feeling about it then.

I want give up on him unless all hope was lost. I'm just hurting so bad. Why can't we give distance a try? What do I do?

Answered by New York

A: Hoping as early as the separation this text said has not served you. It's about the emotional wrench from the security of your close, intimate relationship, and suddenly plunging into the confusion of class, strangers, school and social pressures, all while trying to be a new person.

Stay close, he needs your support. If he cries "hysterically" again, tell him not to focus on the distance, you're only a text or call away, but if he's overwhelmed by all that's going on, he should seek clinical services for a talk, they're experienced with the pressures on new students.

When he notices you ahead, ask if you can rest. If not, he'll probably be home for Thanksgiving. Talk about his adjustment then. Once he's feeling better about himself you can ask if he will look committed to you.

Q: My husband's parents exert heavy influence on him, through their religion, culture

Ask Ellie



and family "tradition." It seems there's never a weekend we can be on our own or go away.

Sometimes we can't even see a movie because of something he MUST do to keep them from accusing him of neglect.

I want him to set some boundaries about "our time" but he won't, he says it'd offend them.

Find Ellie

A: They're all offending you, by treating you as less important than them. That's risky for ALL the relationships involved here.

Tell him that a couple must be the prize "family" with enough time on their own to feel connected, and share private moments.

He needs to ease his parents into the role of extended family which comes second in line for time, unless there's an emergency or illness that requires extra attention.

A daily phone call or e-mail is more than enough communication between the generations — but if you can do be more.

When the parents are okay to be with, and understanding you can have a great network. But when they're too intrusive — inconsistent habits — which can harm the marriage.

Q: I've left my job and I read your column daily. It wasn't my dream job, which is helping people, like giving them advice. People always said that I'm good at giving advice, and I love it too.

Do you have any tips or things you could suggest for me to develop?

Caroline Reader

A: Giving advice comes with a lot of responsibilities — for example, to have some life experience yourself as you're not just talking about things, it's to have research on the kinds of issues presented in the advice forum you operate on, and to build a body of knowledge and attitudes that form a consistent approach to life's problems.

Like any other job, it needs some back-ground. You haven't mentioned your education, but courses in social work, counselling, or other "helping" fields lend in the advice-giving direction.

There you need a forum — a blog, newspaper, radio show, etc.

Good luck!



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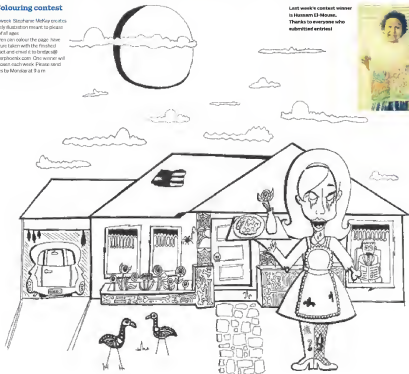
Best Of OUTSIDE THE LINES

Colouring contest

Each week Stephanie McKay creates a family illustration meant to please kids of all ages.

Children can colour the page, take a picture taken with the finished product and email it to her for a chance to win a prize. One winner will be chosen each week. Please send entries by Monday at 9 a.m.

Last week's contest winner is Hassan El-Mousa. Thanks to everyone who submitted entries!





Next week in **BRIDGES**

Saskatoon nurse Sara
Agah finds true love
with pop star
Michael Franti
at a Regina concert

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City of
Saskatoon The StarPhoenix

EVENTS

MUSIC

Wednesday, Oct. 10

The Sedes
Broadway Theatre,
713 Broadway Ave.

Big Dave McLean
Beds on Broadway,
617 Broadway Ave.

Doors Series: Tony Galkin of Great Lake Swimmers
The Basement,
202 Fourth Ave. N.

Hartbeats w/ Myles and the Blacks
Verdi's Tavern,
504 Broadway Ave.

Thursday, Oct. 11

Ryan McCreary
Crackers Restaurant and
Bar,
96-227 Pinchus Dr.

Big Dave McLean
Beds on Broadway,
617 Broadway Ave.

Doors Series: David Finney
The Basement,
202 Fourth Ave. N.

Dear Tish
Loud Pub,
54 Campus Dr.

Daniel O'Rourke w/ Grey Kingdom
Verdi's Tavern,
504 Broadway Ave.

Friday, Oct. 12

Big Dave McLean
Beds on Broadway,
617 Broadway Ave.

Philly Friday w/ Fred Dalton
The Haem
DownTown Legion,
505 Spadina Crst. W.
Doors Series: Joel Pefano & Joel Pefano & A Time to Arts Sculptors and Song
The Basement,
202 Fourth Ave. N.

Bandwagon
Army & Navy Veterans Club,
350 First Ave. N.

Halffield Toronto Centre,
503 Fairmount Court

Doors: Soonerhouse Trio
Marilyn Robinson,
3100 Lyth St. E.

Lounge Lizards
Teen Town Tavern,
1030 Fairchild Dr.

One up Gubin w/ Holy Girl and Lazer Wolf
Vancouver Centre,
632 10th St. E.

Katla Mattson w/ Michael Frederick
Vancouver Team,
601 Broadway Ave.

Charger w/ Pigeon Park
Rock Bottom,
6348 Broadway Ave.

Kelly Reid
Pigeon Pub & Grill,
1034 Midway Dr. N.

Urban Outlines
Stone Place,
106-10 Ruth St. E.

Saturday, Oct. 13

Big Dave McLean
Beds on Broadway,
617 Broadway Ave.

Joel Singer Fest
The Basement,
202 Fourth Ave. N.

Octoberfest Driftwood
Marians Legion,
3800 Louisa St.

Bandwagon
Army & Navy Veterans Club,
350 First Ave. N.

The Haem
DownTown Legion,
505 Spadina Crst. W.

Method Man & Red Man w/ Planetas and DJ Mike
The Osborn Veterans Centre,
241 Second Ave. S.

Sevage Henry and the Infravene
Open Peasants
Amigos Centre,
632 10th St. E.

34th St. Vendors
Verschep's Thyme,
801 Broadway Ave.

Kelly Reid
Pigeon Pub & Grill,
1034 Midway Dr. N.

The Chikadees
Bugsy's Bar & Grill,
134 Princess Dr.

October 30th w/ Ben Parker and Kaitlin Hestler Leeson
Rock Bottom,
6348 Broadway Ave.

Urban Outlines
Stone Place,
106-10 Ruth St. E.

Sunday, Oct. 14

Driftwood
Marians Legion,
3800 Louisa St.

The Preilly Blackies w/ Heaven's Basement
Loud Pub,
54 Campus Dr.

ART

Mended Art Project
Through the Fall at 950 Spadina Crst. E. Fall presentation, sponsored by Kimmie Ltd., includes Revolving Modernity, an examination of modern and contemporary art from the 1950s to the present, with a solo tour by curator Lisa Baldassari on Oct. 30 at 3 p.m., and they Mended a Day by a Day Home, a survey of art production by 12 young female artists and artists of color.

Stella's Arts
Marilyn Robinson,
3100 Lyth St. E.

senting a wheat rickety Cory Schowens and his mentor, Bruce Montecorona

SCRAP Gallery
Until Oct. 18 at 252 Third Ave. S. The Public Behind the Paint: an exhibit showcasing many of the programs and services provided by SCRAP Food & Lost by Museum Tashman opens Oct. 12 and runs to Nov. 8. Tashman challenges people's perception of the usefulness and beauty of discarded materials.

Different Strokes Art Show and Sale
Oct. 16, 4 p.m. to 9 p.m., Oct. 18, 10 a.m. to 5 p.m., and Oct. 20, 12 p.m. to 4 p.m., at Grace Westminster United Church, 505 10th St. E. A group show and sale by Different Strokes Artists Group. Artists include Kerissa Anderson, Tony Monte, Alma Byrd, Martin Poirier, Denise Kozak, Diana Smith, Lisa Martin, Vieve Tish, Agnes Brehner, Mary Buhler, P.V. Graham, Desmond and Carleen Toss.

Gallery on Third, Wetruus
Until Oct. 19 at 102 Third Ave. E. Wetruus Art Threading Carlin: No Story Too Small to Tell. Sponsored by Wetruus & Arts Arts Council.

Daniel Ball Gallery
Until Oct. 19 at 465-105 2nd St. E. New works by Joa Fland. Among these new pieces are banner cuts of dogs, pipes, cows and horses.

300g
Until Oct. 19 at 300 Ave. G. S. Late-day light by Robert Yeack.

AKA Gallery
Until Oct. 19 at 420-202 St. W. Structures by Melina Cukowski and built to space by Arlene Safford. Through a series of drawings and sketches that reference social-fasting, structure addresses the way in which we value or undervalue a piece, structure

and processes and built to space perhaps different understandings of scale.

Centre East Galleries
Until Oct. 20 at The Centre. A display by Bridge City Artists, work by Anne Vandenberg, work by Saskatoon Posters' Guild, Mark Frost, Debbie Rumpel, Michelle Austin and displays from the Saskatoon Public School Board.

The Gallery Art Placement
Until Oct. 24 at 228 Third Ave. S. Known by intent: a life spent painting the private landscape, by Lorne Samoil.

Deflections of Nature 2013
Oct. 24-27 at Pinelands Hall. The 23rd annual Fall Art Exhibition, Competition & Sale. Presented by the Saskatchewan Wildlife Art Association. In line bird, fish and animal carving, drawing, sculpture, painting, drawing, photography, and a junior art competition based on wildlife, natural and domestic subjects. Entry registration Oct. 24, 10 p.m. to 5 p.m.; wine and cheese gala Oct. 25 at 7 p.m.; banquet and awards presentation with Anna Russell of Versus Oct. 26, 6 p.m.; public show Oct. 26, 9 a.m. to 5 p.m., and Oct. 27, 9 a.m. to 4 p.m.

Northern Landscapes
Oct. 25, 7 p.m. to 10 p.m., and Oct. 26, 10 a.m. to 4 p.m., at Wm. at Federation des Francophones, 210-308 Fourth Ave. N. Works by Jean who Paint: Canadian landscape artists Cam Forrester, Greg Hargarten, Paul Throter, Roger Throter and Mark Van Pelt, also known as The Man who Paint, will be featuring a showing of paintings from the last year, including Saskatoon locations Prince Albert National Park, Buffalo Lake, and La Ronge.

Saskatoon Painters Club
Oct. 26, 6 p.m. to 9 p.m., and Oct. 26, 10 a.m. to 5 p.m., and Oct.

27, 12 p.m. to 4 p.m., at Grace Westminster United Church, 505 10th St. E. Their 2013 Show and Sale.

St. Thomas More Gallery
Until Oct. 29 at 1637 College St. Winnipeg work, French Renaissance and other mid-16th-century masterpieces, an exhibition by Dan Furtak also ably showcasing exhibit on the implications of biblical prophecies in the construction of the past, present and inevitable apocalypse. Featuring important papers from Inconsequential writers, and supported by misleading and incomplete factual information.

Wetruus Library
Throughout October in Wetruus. Autumn Splendor Seasonal art by local artists. Sponsored by Wetruus & Arts Arts Council.

Station Arts Centre, Red-Blaze
Throughout October at 701 Railway Ave., Redblaze Garden Inneculate by Lindsay Arnold. It is an OSAC touring exhibition.

The Hand Weave Gallery
Until Nov. 7 at 409 Third Ave. Moshem: Quilts since a clay and mixed media exhibition.

A Winky Gallery
Until Nov. 9 at 602 Broadway Ave. Word view: An exhibition of new work by Carolyn Hillman from illustrated dictionaries and encyclopedias. A reception will be held Nov. 9 from 7 p.m. to 9 p.m.

The Gallery, Frances Morrison Library
Until Nov. 14 at 201 2nd St. E. Fourteen pieces by Cindy Harpell-Pelham.

Handmade House Showings
Until Nov. 30 at 710 Broadway Ave. Photo impressions, original watercolor paintings by Terry Lindsay.

A 14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31-32-33-34-35-36-37-38-39-40-41-42-43-44-45-46-47-48-49-50-51-52-53-54-55-56-57-58-59-60-61-62-63-64-65-66-67-68-69-70-71-72-73-74-75-76-77-78-79-80-81-82-83-84-85-86-87-88-89-90-91-92-93-94-95-96-97-98-99-100-101-102-103-104-105-106-107-108-109-110-111-112-113-114-115-116-117-118-119-120-121-122-123-124-125-126-127-128-129-130-131-132-133-134-135-136-137-138-139-140-141-142-143-144-145-146-147-148-149-150-151-152-153-154-155-156-157-158-159-160-161-162-163-164-165-166-167-168-169-170-171-172-173-174-175-176-177-178-179-180-181-182-183-184-185-186-187-188-189-190-191-192-193-194-195-196-197-198-199-200-201-202-203-204-205-206-207-208-209-210-211-212-213-214-215-216-217-218-219-220-221-222-223-224-225-226-227-228-229-230-231-232-233-234-235-236-237-238-239-240-241-242-243-244-245-246-247-248-249-250-251-252-253-254-255-256-257-258-259-260-261-262-263-264-265-266-267-268-269-270-271-272-273-274-275-276-277-278-279-280-281-282-283-284-285-286-287-288-289-290-291-292-293-294-295-296-297-298-299-300-301-302-303-304-305-306-307-308-309-310-311-312-313-314-315-316-317-318-319-320-321-322-323-324-325-326-327-328-329-330-331-332-333-334-335-336-337-338-339-340-341-342-343-344-345-346-347-348-349-350-351-352-353-354-355-356-357-358-359-360-361-362-363-364-365-366-367-368-369-370-371-372-373-374-375-376-377-378-379-380-381-382-383-384-385-386-387-388-389-390-391-392-393-394-395-396-397-398-399-400-401-402-403-404-405-406-407-408-409-410-411-412-413-414-415-416-417-418-419-420-421-422-423-424-425-426-427-428-429-430-431-432-433-434-435-436-437-438-439-440-441-442-443-444-445-446-447-448-449-450-451-452-453-454-455-456-457-458-459-460-461-462-463-464-465-466-467-468-469-470-471-472-473-474-475-476-477-478-479-480-481-482-483-484-485-486-487-488-489-490-491-492-493-494-495-496-497-498-499-500-501-502-503-504-505-506-507-508-509-510-511-512-513-514-515-516-517-518-519-520-521-522-523-524-525-526-527-528-529-530-531-532-533-534-535-536-537-538-539-540-541-542-543-544-545-546-547-548-549-550-551-552-553-554-555-556-557-558-559-560-561-562-563-564-565-566-567-568-569-570-571-572-573-574-575-576-577-578-579-580-581-582-583-584-585-586-587-588-589-590-591-592-593-594-595-596-597-598-599-600-601-602-603-604-605-606-607-608-609-610-611-612-613-614-615-616-617-618-619-620-621-622-623-624-625-626-627-628-629-630-631-632-633-634-635-636-637-638-639-640-641-642-643-644-645-646-647-648-649-650-651-652-653-654-655-656-657-658-659-660-661-662-663-664-665-666-667-668-669-670-671-672-673-674-675-676-677-678-679-680-681-682-683-684-685-686-687-688-689-690-691-692-693-694-695-696-697-698-699-700-701-702-703-704-705-706-707-708-709-710-711-712-713-714-715-716-717-718-719-720-721-722-723-724-725-726-727-728-729-730-731-732-733-734-735-736-737-738-739-740-741-742-743-744-745-746-747-748-749-750-751-752-753-754-755-756-757-758-759-760-761-762-763-764-765-766-767-768-769-770-771-772-773-774-775-776-777-778-779-780-781-782-783-784-785-786-787-788-789-790-791-792-793-794-795-796-797-798-799-800-801-802-803-804-805-806-807-808-809-810-811-812-813-814-815-816-817-818-819-820-821-822-823-824-825-826-827-828-829-830-831-832-833-834-835-836-837-838-839-840-841-842-843-844-845-846-847-848-849-850-851-852-853-854-855-856-857-858-859-860-861-862-863-864-865-866-867-868-869-870-871-872-873-874-875-876-877-878-879-880-881-882-883-884-885-886-887-888-889-890-891-892-893-894-895-896-897-898-899-900-901-902-903-904-905-906-907-908-909-910-911-912-913-914-915-916-917-918-919-920-921-922-923-924-925-926-927-928-929-930-931-932-933-934-935-936-937-938-939-940-941-942-943-944-945-946-947-948-949-950-951-952-953-954-955-956-957-958-959-960-961-962-963-964-965-966-967-968-969-970-971-972-973-974-975-976-977-978-979-980-981-982-983-984-985-986-987-988-989-990-991-992-993-994-995-996-997-998-999-1000

Ukrainian Museum of Canada

Unit Oct. 21 at 9:00 Spadina Centre, 5 E. Menzies, Vancouver, 604-681-1111. The Ukrainian Museum of Canada is a non-profit organization dedicated to the promotion of Ukrainian culture and heritage. The museum is located in the heart of downtown Vancouver and is open to the public. The museum is a must-see for anyone interested in Ukrainian history and culture.

Diakonianer Canadian Centre

Through December 1st 101 Denison St. N. Touch the Sky. The story of a hero comes to life in this book. It is a book that encourages visitors to look beyond the surface and to see the heroism in the lives of the people who have shaped the history and accomplishments of the Canadian people.

Black Square Gallery

Open through the winter at Northside Art House on Highway 2. After 6:00 p.m. a group of artists are working on their art. The gallery is a must-see for anyone interested in contemporary art and culture.

SPECIAL EVENTS

Ladies Auxiliary Fall Tea

Oct. 18, 2:30 p.m. to 4:00 p.m. at the Ladies Auxiliary, 3000 Louisa St. N. This is a special event for the ladies of the auxiliary. It is a must-see for anyone interested in the work of the auxiliary.

Imagine No Bullying Day

Oct. 18, 7:30 p.m. at Mayfair United Church, 1020 33rd St. S. This is a special event for the community. It is a must-see for anyone interested in the work of the church.

Winnipeg Book Sale

Unit Oct. 12, 9 a.m. to 6 p.m. at the German Cultural Centre, 180 Carleton Place. This is a special event for the community. It is a must-see for anyone interested in the work of the center.

Grandmothers Fall Sale

Oct. 18, 9 a.m. to 11 a.m. at St. Martin Church, 1461 Glenview Ave. S. This is a special event for the community. It is a must-see for anyone interested in the work of the church.

Africa who are missing their grandchildren

will be offered by HIV/AIDS. The book is a must-see for anyone interested in the work of the church. It is a book that encourages visitors to look beyond the surface and to see the heroism in the lives of the people who have shaped the history and accomplishments of the Canadian people.

Christmas Craft Fair

Oct. 18, 4 p.m. to 7 p.m. at the Western Development Museum. This is a special event for the community. It is a must-see for anyone interested in the work of the museum.

VA-ET First Annual Auction and Fundraising Event

Oct. 18, 6:30 p.m. to 9:30 p.m. at the Albert Community Centre, 1000 Louisa St. N. This is a special event for the community. It is a must-see for anyone interested in the work of the center.

VA-ET First Annual Auction and Fundraising Event

Oct. 18, 6:30 p.m. to 9:30 p.m. at the Albert Community Centre, 1000 Louisa St. N. This is a special event for the community. It is a must-see for anyone interested in the work of the center.

Dr. Bentley's Anti-Air

Unit Oct. 18, 7 p.m. at the First Free Dance Centre, 224 25th St. W. This is a special event for the community. It is a must-see for anyone interested in the work of the center.

Bob Adams Foundation 30th Anniversary Celebration

Oct. 18, 7 p.m. to 11 p.m. at the University Club at the U of S. This is a special event for the community. It is a must-see for anyone interested in the work of the club.

and the recognition of Dennis

Berling and the National Development Foundation are requested to help with the work of the foundation. It is a must-see for anyone interested in the work of the foundation.

Story Circle for Adults

Oct. 15, 7:30 p.m. at the Ukrainian Centre, 210 Second St. E. This is a special event for the community. It is a must-see for anyone interested in the work of the center.

Reggie Party

Oct. 15, 6 p.m. at the Casino Seneca Centre, 614 1st St. E. This is a special event for the community. It is a must-see for anyone interested in the work of the center.

Octoberfest

Oct. 19, 8 p.m. at 6:30 p.m. at the University Club at the U of S. This is a special event for the community. It is a must-see for anyone interested in the work of the club.

Protein Power Spectacular

550 Geneva Pkwy. Series Oct. 19, 7:30 p.m. at the University Club at the U of S. This is a special event for the community. It is a must-see for anyone interested in the work of the club.

Tea of Africa

Oct. 22, 2:30 p.m. at the Elgin Church, 418 Selkirk Rd. This is a special event for the community. It is a must-see for anyone interested in the work of the church.

Classical Variety Night

Oct. 23, 7:30 p.m. at the Gravel

nor Park United Church

The second concert of the season. Hosted by the Gravel Foundation. This is a special event for the community. It is a must-see for anyone interested in the work of the foundation.

Share in Our Success

Oct. 22, 9:30 a.m. to 10:30 a.m. at The Odour Events Centre. This is a special event for the community. It is a must-see for anyone interested in the work of the center.

SENIOR

Oct. 13-30 at the Refinery. Written by Allen Jones. This is a special event for the community. It is a must-see for anyone interested in the work of the refinery.

Men's Cooking Classes—Level 1

Oct. 22, 6:30 p.m. to 8:30 p.m. at the Westminster United Church, 500 10th St. E. This is a special event for the community. It is a must-see for anyone interested in the work of the church.

Professional Development

Oct. 22, 2:30 p.m. to 4:30 p.m. at the University Club at the U of S. This is a special event for the community. It is a must-see for anyone interested in the work of the club.

SENIOR

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What you need to know to plan your week.
Send events to bridges@thestarphoenix.com

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Speechreading and information for the hard of hearing

Oct. 23, Nov. 13 and 20, 1:30 p.m. to 3:30 p.m. at the Saskatchewan Deaf and Hard of Hearing Services, 3-511 1st Ave. N. This is a special event for the community. It is a must-see for anyone interested in the work of the services.

THEATRE

Oct. 13-30 at the Refinery. Written by Allen Jones. This is a special event for the community. It is a must-see for anyone interested in the work of the refinery.

SENIOR

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SPACES

Spaces celebrates beauty both indoors and out. If you have a space we should highlight email bridges@thestaPhoenix.com

#SASKATCHEWAN'S BEST SPACES

Ad agency promotes creativity in Adilman Building

By Angelina Itranci

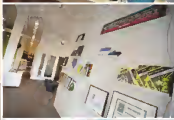
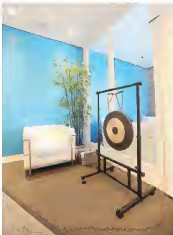
WHOP Michelle Nelson, president of local advertising agency Tap Communications and Strata Development.

WHEN? On the second floor of the Adilman building on the corner of 20th Street E and Avenue H in Saskatoon's Riverdale neighbourhood.

WHOP? Nelson first looked at the building in July of 2012 and signed a 10-year lease almost six months later in December. The agency moved in as the first tenants on June 1, 2013. They are still unpacking a few boxes and getting set up. Tap Communications is the only tenant right now, but others will be occupying the three floor later this year. When Nelson first looked at the building it was very new — no windows, no lights, just bare walls and lots of open space. It was really exciting for me to be able to look at the entire floor and choose which corner we wanted... [and] how much space we needed" explains Nelson. "I know that I wanted it to be more of a creative space and was formal more collaborative, have a better flow so that people could come together in different kinds of ways." Employees' efforts and desks were strategically placed first, and then other details followed.

WHY? The historic Adilman building, which was built in 1912 and was home to Adilman's Department Store. Since the store's closure in 1974, the building held an antique shop, farmers' market and a bongo hall. It sat fairly empty in recent years before Tap Communications moved in after renovations took place in 2011-12.

"It's wonderful that this building was available to be renovated and allow us to design it from scratch so we could build us a creative space within a historic space," Nelson says. "It's quite wonderful how the energy of the neighbourhood is evolving each and every day."



BRIDGES PHOTOS
BY MICHELLE BERG

SPACES



The 3,000-square-foot office has white ceiling ceilings and exposed piping, giving the space a softer loft feel. There's plenty of natural light and shade from the piping, the small glass brick windows and the only corners left of the original building. All new chairs, furniture and computers were purchased. The space is modern and inviting with unique yet practical details throughout. The lack of noise and hidden courtrooms.

"You need an environment that fosters creativity, having a space where people can connect with each other just helps support the work that we do."

The large open concept lunch room is complete with folding chairs and tables that nest together when extra space is needed. A south facing deck is used for outdoor lunches or lunches.



WHY? Nelson kept a few things in mind while planning the renovations: productivity, open space, creativity and a space with life. Little things go a long way. A muralist makes clients feel at home, the staff gets a place to celebrate an achievement, and take a day—the agency's new colour—is found throughout the space in places you. The large front entrance logo can be changed to different colours depending on the client or occasion. Nelson chose a square office so clients can walk through the space and meet employees on their way to the boardroom.

"We've put our space set up so there are different levels of formality for meetings," she explains.

A more informal meeting can take place in the meeting room with glass walls and comfortable chairs with a tablet arm for laptop notes or a cup of coffee. Personal closets, a modern kitchen and giant idea board and calendar all help to create an enjoyable work environment that sparks creativity. — Person's began to reimagining the space



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A PROFESSIONAL
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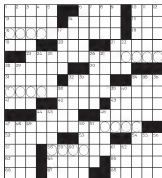
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#CROSSWORD

NEW YORK TIMES Edited by Will Shortz

ACROSS

- 1 "Slacker" villain
- 6 Newcomer, e.g.
- 10 Criticize as "The Big One"
- 13 "Balls..."
- 14 Make a point, perhaps
- 15 Wood before dog or dance
- 16 Childhood
- 18 Miles and ____ (comedy)
- 19 Common Brit. Answer vehicle
- 20 Incomplete factor frequently found in The New Yorker
- 21 Number of chambers drumming in song
- 23 Sixth place
- 26 "____ Place"
- 30 First hotel
- 31 First infirmary
- 32 Black Lagoon?
- 34(s) may be attached to antebellum in level
- 37 It's sizelessness of flow, maybe
- 41 Start to waver?
- 42 Same as fiscal
- 43 Decadence
- 44 Healer of 43s
- 45 Civil War?
- 47 A fan might need one
- 48 Freeway
- 49 Former Govt. 1000...
- 50 "Independence Day" vehicle
- 51 Utter
- 52 Unaffected by enemies
- 53 Took an step the back of dollar bill
- 54 Musical ____
- 55 Musical lead
- 56 "The Jesus Christology" tale
- 57 Mt.
- 58(s) last's drug in "The Golden Rule"



PUZZLE BY MICHAEL J. SHERIDAN

DOWN

- 1 ____ of life
- 2 Part of a Latin name
- 3 Popular show-music term
- 4 Absence
- 5 One admitted under Gen. 40: Down obviously
- 6 The Hukies of the N.C.A.A.
- 7 Informative journal
- 8 Put condition?
- 9 Absent and "Remedy"
- 10 Only a few left
- 11 Magic e.g., once
- 12 Much trouble
- 14 Increase character only
- 17 Legal assistance
- 22 Much about
- 24 Not slightly
- 25 Final Roman and Latin ending
- 26 Newcomer, e.g.
- 27 Stop powder
- 28 One
- 29 Psychotic date for short
- 30 Series name
- 31 Leftover bit
- 34 Taken the tale
- 35 Informal musical instrument
- 36 Dealer finally
- 38 Part of a vocal set
- 39 High family
- 40 Lead
- 44 The night that ended it
- 45 Put into law
- 46 Double space?
- 47 Strong stand
- 48 They can see right through you
- 49 Handed (verb)
- 50 How many footfalls are told
- 51 Extra alternative
- 52 Genetically celebrate
- 53 Freeway
- 56 Stride for one
- 57 Simon S. Dean
- 58 Singer in the woods?
- 62 Older brother

JANUARY CLASSIC SUDOKU

Level: Silver

Fill the blank cells using numbers 1 to 9. Each number can only appear once in each row, column and 3x3 block. Use logic and process of elimination to solve the puzzle.

The difficulty level ranges from Bronze (easiest) to Silver to Gold (hardest).



Solution to the crossword puzzle and the Sudoku can be found on Page 31.

WINE WORLD

#PERRUNO

Flavourful Italian syrah is a perfect food wine

By James Romanow

Perruno is a wine I have been drinking for several years now and it is labelled as an IGT (Indicazione Geografica Tipica) wine. It's made from 100 per cent syrah grown in Tuscany.

Syrah (aka Shiraz) is a really fine wine that deserves the massive popularity it enjoys today. However, it could stand a little refinement, as any number of vintners like to tinker it at post-vine levels of ripeness.

Traditional Italian wines, made under the DOC (Denominazione di Origine Controllata) system have specific acidity targets. Although Perruno does not have these standards to meet, it still must meet IGT standards. Most wine, it is made by Italians, and every Italian winemaker knows that you need acidity to make a decent wine.

Essentially alcohol and acidity are at opposite ends of the wine style. If you harvest at lower sugar levels, you will get a lighter, fresher wine that pairs with food more easily. Higher alcohol levels from riper grapes tend to reward the hedonistic voluptuous, if not down right flabby.

Perruno is somewhere between these two points. It sits near to the 16th World wine style line, to the traditionally drier, less sun-soaked wines of Northern Italy. It starts with a



berry nose, hints of tobacco and spice, followed by a huge mouth filling palate so loaded with flavor it risks overstimulating your tongue.

The acidity is clean, bright and clear, and the tannins controlled. The finish is long and spicy, lingering on the tongue. This is a wine on a lighter side and it makes the crossing seem easy. The result is a great food wine. If you've gone up on syrah disappearing in the modern neutral palate, look no further for relief. Perruno is a truly fine wine.

Perruno 19th 2009 \$35 *****

More wines on Monday's StarPhoenix or on Twitter @JRomanow

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Crossword/Sudoku answers

J	A	P	A	UNIT	E	L	S
A	M	O	R	S	C	O	R
N	A	N	D	L	O	O	D
G	S	T	I	A	N	D	O
E	N	A	T	E	R	N	I
P	E	T	I	O	N	P	A
A	T	A	C	H	P	O	O
R	A	R	A	R	D	S	T
E	S	S	A	T	E	S	I
E	X	T	R	A	C	T	E
A	P	O	N	A	N	E	R
P	A	T	E	R	E	A	T
E	V	I	P	R	O	V	I
N	E	D	S	R	E	E	R

3	1	7	6	5	8	2	9	4
2	6	9	3	4	1	5	8	7
5	8	4	2	7	9	1	6	3
6	7	3	4	2	5	8	1	9
8	2	5	9	1	7	3	4	6
4	9	1	8	6	3	7	2	5
7	4	2	5	8	6	9	3	1
1	3	8	7	9	4	6	5	2
9	5	6	1	3	2	4	7	8

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